



**k i n t s u g i**  
PHYSICAL THERAPY & WELLNESS

**VESTIBULAR  
INITIAL QUESTIONNAIRE  
AND MEDICAL HISTORY**

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Date: \_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

Date of onset symptoms: \_\_\_\_\_

Which of the following best describes how your symptoms started? Circle all that apply.

Fall      Trauma      MVA      Unknown      Other: \_\_\_\_\_

Are your symptoms the result of a work injury?      YES      NO

Please indicate the sensations that you have been experiencing. Circle all that apply.

Spinning      Visual disturbances      Imbalance      Ringing in ears

Nausea      Vomiting      Hearing loss      Difficulty focusing

Falls/Loss of balance      Lightheadedness      \_\_\_\_\_

What symptoms are you experiencing at this moment? \_\_\_\_\_

Dizziness intensity on scale of 0 to 10      \_\_\_\_\_ 0 = no dizziness, 10 = need to go to ER

Is your dizziness: (circle one)      constant      or      intermittent

Is your dizziness: (circle one)      spontaneous      provoked by movement/environment

How long do your dizziness episode last? \_\_\_\_\_

What aggravates your symptoms? Circle all that apply.

Elevators      Shopping      Walking      Driving  
Unstable surfaces      Bending      Walking in the dark      Reacting  
Turning

What relieves your symptoms? \_\_\_\_\_

What activities at home, work or recreational are you unable to perform because of your symptoms? \_\_\_\_\_

Please state below any executive function difficulties you may be having: (i.e. memory loss, organization, speech, etc.) \_\_\_\_\_

Since the onset of your current symptoms, have you experienced any of the below? Circle all that apply.

Abdominal pain      Dizziness/Lightheadedness      Hear burn / indigestion      Persistent cough  
Bowel/Bladder changes      Fainting      Muscle weakness      Recent infection  
Difficulty swallowing      Fever/Chills/Sweats      Nausea/Vomiting      Unexplained weight loss  
Difficulty walking      Headaches      Night pain      Vision changes

Have you had any of the below test for this condition?

VNG      CT Scan.      Hearing.      MRI.      Other: \_\_\_\_\_

Test Results here if known: \_\_\_\_\_

Please indicate any previous or current treatment you have had related to your current injury. Circle all that apply.

Chiropractic/Osteopath.      Physical Therapy.      Medication.      None.      Other: \_\_\_\_\_

Have you had any previous injuries to the head or neck?      NO      YES \_\_\_\_\_

Do you have a history of ear/sinus infections as a child?      NO      YES

Do you have motion sensitivity?      NO      YES

Have you had a recent cold or infection?      NO      YES

Are you experiencing any pain anywhere? If yes, rate your pain on a scale of 0 – 10. 0 = no pain, 10 = Emergency      NO      YES: \_\_\_\_\_/10

Location of pain: \_\_\_\_\_

**PLEASE COMPLETE THE OTHER SIDE**

